Panther Pride Triathlon
Age Group Results

2012-08-11

TrueTimeRacing.com

Age group F19&under

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
76	Arends, Alyssa	Ackley, IA	19	F	1:33:29.2	1	7	32
	Swim (0:07:05.1) T1 (0:02:42.8)	Bike (0:57:48.0) T2 (0:00:41.0)	Run (0:25:12.1)					
12	Cook, Katie	Cedar Falls, IA	19	F	2:15:22.7	2	44	85
	Swim (0:06:05.6) T1 (0:03:58.6)	Bike (1:17:47.0) T2 (0:01:35.5)	Run (0:45:55.8)					

Age group F20-24

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
10	Scieszinski, Tara	Unknown, IA	24	F	1:22:50.4	--	2	12
	Swim (0:05:31.9) T1 (0:01:22.5)	Bike (0:52:26.2) T2 (0:00:56.9)	Run (0:22:32.7)					
25	Wiseman, Nora	Story City, IA	24	F	1:48:17.7	1	29	68
	Swim (0:06:31.4) T1 (0:01:49.8)	Bike (1:04:20.4) T2 (0:00:29.0)	Run (0:35:07.0)					
8	Nye, Crystal	Cedar Falls, IA	21	F	1:48:49.7	2	31	70
	Swim (0:06:47.8) T1 (0:02:43.2)	Bike (1:08:43.9) T2 (0:01:07.5)	Run (0:29:27.1)					
63	Ruebel, Megan	Waverly, IA	20	F	1:51:35.5	3	35	75
	Swim (0:06:17.2) T1 (0:02:20.0)	Bike (1:10:13.4) T2 (0:01:07.7)	Run (0:31:37.0)					
39	Springer, Mari	Dubuque, IA	21	F	1:52:05.3	4	36	76
	Swim (0:06:46.2) T1 (0:02:20.1)	Bike (1:10:11.6) T2 (0:01:09.4)	Run (0:31:37.8)					
3	Stewart, Caitlin	Cedar Rapids, IA	22	F	1:56:23.9	5	41	81
	Swim (0:05:25.8) T1 (0:01:20.5)	Bike (1:10:46.7) T2 (0:01:00.7)	Run (0:37:50.1)					
29	West, Karlee	Cedar Falls, IA	20	F	2:11:03.2	6	43	84
	Swim (0:06:48.2) T1 (0:02:39.7)	Bike (1:21:33.0) T2 (0:01:21.1)	Run (0:38:41.0)					
69	Flanigan, Meghan	Cedar Falls, IA	22	F	2:22:06.2	7	46	87
	Swim (0:11:02.9) T1 (0:03:04.5)	Bike (1:25:46.9) T2 (0:00:41.3)	Run (0:41:30.4)					

Age group F25-29

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
18	Jacobson, Dawn	New Hartford, IA	29	F	1:23:51.7	--	3	14
	Swim (0:05:51.8) T1 (0:00:28.6)	Bike (0:49:57.5) T2 (0:00:47.8)	Run (0:26:45.8)					
58	Beck, Lydia	Columbia, MO	25	F	1:34:52.4	1	8	36
	Swim (0:06:56.2) T1 (0:01:24.9)	Bike (1:00:51.8) T2 (0:00:46.2)	Run (0:24:53.1)					
4	Edwards, Laura	Tama, IA	29	F	1:40:12.6	2	16	47
	Swim (0:07:08.2) T1 (0:02:05.7)	Bike (1:01:55.3) T2 (0:00:55.4)	Run (0:28:07.7)					
43	Boucher, Jessica	Coralville, IA	27	F	1:43:56.6	3	23	57
	Swim (0:06:41.8) T1 (0:02:24.5)	Bike (0:59:21.3) T2 (0:00:42.8)	Run (0:34:46.1)					
111	McGrath, Kellie	Cedar Falls, IA	27	F	1:48:54.8	4	32	71
	Swim (0:07:11.2) T1 (0:02:05.6)	Bike (1:06:49.3) T2 (0:01:20.1)	Run (0:31:28.4)					
14	Braun, Lindsey	Latimer, IA	29	F	1:49:26.3	5	33	72
	Swim (0:06:06.9) T1 (0:02:18.3)	Bike (1:05:49.8) T2 (0:00:48.5)	Run (0:34:22.7)					

Age group F30-34

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
52	Knoblock, Nikki	Iowa Falls, IA	32	F	1:25:06.2	1	4	19
	Swim (0:06:30.9) T1 (0:01:16.9)	Bike (0:48:26.4) T2 (0:01:19.6)	Run (0:27:32.2)					
16	Aamodt, Linley	Gilbert, IA	34	F	1:37:20.3	2	13	42
	Swim (0:05:52.2) T1 (0:01:57.7)	Bike (0:58:19.5) T2 (0:01:17.9)	Run (0:29:52.9)					
27	Renshaw, Emmaly	Cedar Rapids, IA	31	F	1:41:51.1	3	18	49
	Swim (0:07:07.5) T1 (0:02:04.1)	Bike (0:59:12.7) T2 (0:00:35.8)	Run (0:32:50.8)					
26	Wilson, Laura	Cedar Falls, IA	34	F	1:42:24.2	4	21	52
	Swim (0:06:09.6) T1 (0:01:49.9)	Bike (1:02:37.4) T2 (0:00:59.2)	Run (0:30:48.0)					
20	Chapman, Kimberly	Cumming, IA	34	F	1:42:51.2	5	22	56
	Swim (0:06:17.8) T1 (0:01:58.9)	Bike (1:02:22.5) T2 (0:00:44.4)	Run (0:31:27.4)					
23	Hagedorn, Sara	West Des Moines, IA	30	F	1:48:42.4	6	30	69
	Swim (0:06:16.4) T1 (0:03:14.3)	Bike (1:06:03.0) T2 (0:01:16.8)	Run (0:31:51.7)					
79	Korbel, Kathleen	Unknown, IA	32	F	1:55:42.9	7	40	80
	Swim (0:08:00.1) T1 (0:01:51.5)	Bike (1:05:55.4) T2 (0:01:19.6)	Run (0:38:36.0)					
90	Johnson, Rebecca	Cedar Rapids, IA	33	F	2:05:38.8	8	42	83
	Swim (0:07:42.2) T1 (0:01:43.6)	Bike (1:07:18.8) T2 (0:00:45.2)	Run (0:48:08.7)					
68	Pignatore, Amy	Omaha, NE	32	F	2:16:26.2	9	45	86
	Swim (0:06:49.2) T1 (0:03:09.4)	Bike (1:25:08.5) T2 (0:01:22.8)	Run (0:39:56.1)					

Age group F35-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
46	Mcgonigal, Mitchell	Hubbard, IA	36	F	1:17:11.6	--	1	4
	Swim (0:07:04.9) T1 (0:00:42.9)	Bike (0:44:08.4) T2 (0:00:24.0)	Run (0:24:51.3)					
88	Mayberry, Ellen	Ames, IA	38	F	1:26:48.0	1	5	22
	Swim (0:07:08.3) T1 (0:01:36.2)	Bike (0:50:58.0) T2 (0:01:01.4)	Run (0:26:03.8)					
21	Culberson, Joy	Cedar Falls, IA	39	F	1:28:05.5	2	6	24
	Swim (0:05:32.8) T1 (0:02:12.8)	Bike (0:54:58.6) T2 (0:00:34.8)	Run (0:24:46.2)					
102	Hodapp, Stephanie	Ankeny, IA	38	F	1:34:59.1	3	9	37
	Swim (0:06:13.9) T1 (0:01:47.4)	Bike (0:55:36.8) T2 (0:00:43.2)	Run (0:30:37.6)					
85	Popenhagen, Carrie	Robins, IA	39	F	1:46:56.4	4	26	64
	Swim (0:07:33.7) T1 (0:01:09.9)	Bike (1:01:14.1) T2 (0:00:27.7)	Run (0:36:30.8)					
41	Jacoby, Dede	Jewell, IA	38	F	1:53:56.0	5	37	77
	Swim (0:07:54.4) T1 (0:01:24.0)	Bike (1:09:55.6) T2 (0:00:44.9)	Run (0:33:56.9)					
62	Litwiller, Heather	Waverly, IA	39	F	2:31:20.1	6	47	88
	Swim (0:07:01.1) T1 (0:01:32.0)	Bike (0:57:47.0) T2 (0:00:54.3)	Run (0:24:05.5)					
	Penalty: (-1:00:00.0)							

Age group F40-44

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
57	Hanson, Shelly	Webster City, IA	40	F	1:35:52.7	1	10	38
	Swim (0:07:39.5) T1 (0:01:32.1)	Bike (0:55:49.1) T2 (0:00:49.9)	Run (0:30:01.9)					
95	Johns, Kara	Fredericksburg, IA	41	F	1:42:17.5	2	19	50
	Swim (0:08:55.9) T1 (0:01:33.1)	Bike (0:56:54.4) T2 (0:01:13.7)	Run (0:33:40.3)					
55	Lilja, Laura	Prior Lake, MN	40	F	1:44:02.5	3	24	58
	Swim (0:07:43.4) T1 (0:01:50.0)	Bike (1:01:23.4) T2 (0:00:41.0)	Run (0:32:24.5)					
83	Lammers, Sarah	Jewell, IA	41	F	1:45:24.3	4	25	62
	Swim (0:09:54.8) T1 (0:01:46.4)	Bike (1:01:30.2) T2 (0:00:44.4)	Run (0:31:28.3)					
59	Van Gorp, Stacy	Cedar Falls, IA	40	F	1:47:04.2	5	27	65
	Swim (0:09:49.9) T1 (0:01:59.5)	Bike (1:00:57.7) T2 (0:00:42.9)	Run (0:33:33.9)					
101	Rumelhart, Tiffany	Ankeny, IA	40	F	1:47:08.1	6	28	66
	Swim (0:09:34.0) T1 (0:01:19.4)	Bike (1:00:26.2) T2 (0:01:18.9)	Run (0:34:29.4)					
82	Stephenson, Amy	Iowa Falls, IA	41	F	1:54:27.2	7	38	78
	Swim (0:08:39.8) T1 (0:01:40.6)	Bike (1:00:35.7) T2 (0:00:51.8)	Run (0:42:39.1)					

Age group F45-49

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
98	Freedman, Suzanne	Cedar Falls, IA	47	F	1:39:30.8	1	14	45
	Swim (0:08:14.4) T1 (0:01:42.0)	Bike (1:00:37.5) T2 (0:00:34.1)	Run (0:28:22.7)					
77	Grimes, Kris	Ackley, IA	47	F	1:39:39.6	2	15	46
	Swim (0:06:58.4) T1 (0:02:18.2)	Bike (0:56:03.2) T2 (0:01:29.4)	Run (0:32:50.2)					
44	Hennessey, Anne	Cedar Falls, IA	46	F	1:42:19.0	3	20	51
	Swim (0:07:31.4) T1 (0:01:31.2)	Bike (1:00:31.9) T2 (0:00:29.8)	Run (0:32:14.5)					

Age group F50-54

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
28	Haldin, Di	Elk Point, SD	51	F	1:36:31.8	1	11	40
	Swim (0:07:17.6) T1 (0:01:41.5)	Bike (0:59:19.4) T2 (0:01:36.3)	Run (0:26:36.9)					
96	Marienau, Tami	Roland, IA	50	F	1:40:25.4	2	17	48
	Swim (0:07:35.1) T1 (0:01:34.6)	Bike (0:57:11.4) T2 (0:00:46.5)	Run (0:33:17.5)					
89	Johnson, Linda	Cedar Rapids, IA	53	F	1:50:49.1	3	34	74
	Swim (0:09:19.1) T1 (0:02:10.0)	Bike (1:02:36.2) T2 (0:01:27.5)	Run (0:35:16.2)					
11	Ludwig, Susan	Iowa City, IA	54	F	1:54:54.9	4	39	79
	Swim (0:06:29.1) T1 (0:01:45.5)	Bike (1:06:28.9) T2 (0:00:50.0)	Run (0:39:21.2)					

Age group F55-59

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
80	Prow, Sharie	Rifle, CO	55	F	1:36:50.7	1	12	41
	Swim (0:08:06.8) T1 (0:01:09.6)	Bike (0:56:33.3) T2 (0:00:58.4)	Run (0:30:02.4)					

Age group M19&under

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
1	Haws, Hunter	ankeny, IA	17	M	1:12:53.3	--	3	3
	Swim (0:04:03.7) T1 (0:00:42.4)	Bike (0:42:52.5) T2 (0:00:39.8)	Run (0:24:34.7)					
75	Schillinger, Sam	Cedar Falls, IA	14	M	1:25:57.2	1	17	21
	Swim (0:05:47.5) T1 (0:01:03.4)	Bike (0:55:45.0) T2 (0:00:19.5)	Run (0:23:01.6)					
66	Hopkins, Isaac	Van Horne, IA	18	M	1:27:46.8	2	18	23
	Swim (0:06:41.8) T1 (0:01:34.2)	Bike (0:55:02.4) T2 (0:00:53.6)	Run (0:23:34.6)					
7	Olsen, Erik	Cedar Falls, IA	18	M	1:31:14.3	3	23	29
	Swim (0:05:35.9) T1 (0:01:39.0)	Bike (0:58:48.9) T2 (0:00:20.9)	Run (0:24:49.4)					

Age group M20-24

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
38	Concannon, Daniel	Unknown, IA	38	M	1:24:54.5	1	15	18
	Swim (0:05:25.2) T1 (0:01:05.1)	Bike (0:48:02.8) T2 (0:01:01.0)	Run (0:29:20.3)					
93	Brady, Matthew	Iowa Falls, IA	20	M	1:36:02.9	2	29	39
	Swim (0:07:21.0) T1 (0:03:26.6)	Bike (0:57:08.5) T2 (0:00:44.5)	Run (0:27:22.2)					
30	Hermsen, Andrew	Cedar Falls, IA	24	M	1:44:17.3	3	36	60
	Swim (0:06:44.3) T1 (0:02:09.3)	Bike (1:05:18.0) T2 (0:00:31.0)	Run (0:29:34.5)					

Age group M25-29

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
9	Boucher, Eric	Coralville, IA	25	M	1:10:39.8	--	2	2
	Swim (0:04:41.7) T1 (0:00:24.1)	Bike (0:44:14.1) T2 (--)	Run (0:21:19.6)					
73	Andersen, Zach	Cedar Falls, IA	27	M	1:22:41.8	1	10	11
	Swim (0:05:28.7) T1 (0:01:40.7)	Bike (0:51:36.2) T2 (0:00:17.4)	Run (0:23:38.6)					
56	Arends, Ben	Ackley, IA	26	M	1:28:32.7	2	20	26
	Swim (0:06:41.0) T1 (0:00:58.1)	Bike (0:51:56.8) T2 (0:00:26.5)	Run (0:28:30.1)					
110	Frein, Brent	Cedar Falls, IA	25	M	1:34:26.5	3	28	35
	Swim (0:07:47.3) T1 (0:01:55.6)	Bike (0:54:05.6) T2 (0:01:08.3)	Run (0:29:29.5)					
99	Nederhoff, Adam	Johnston, IA	28	M	1:37:20.3	4	30	43
	Swim (0:09:11.0) T1 (0:02:06.0)	Bike (0:53:02.8) T2 (0:02:18.6)	Run (0:30:41.7)					
49	Westcott, Devin	Keystone, IA	25	M	1:39:12.8	5	31	44
	Swim (0:06:46.1) T1 (0:01:57.0)	Bike (1:03:43.2) T2 (0:00:34.0)	Run (0:26:12.2)					

Age group M30-34

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
72	Whipps, Brent	Ankeny, IA	33	M	1:18:57.8	1	6	7
	Swim (0:06:15.2) T1 (0:00:42.9)	Bike (0:46:11.5) T2 (0:00:38.6)	Run (0:25:09.3)					
24	Caughron, Neal	Unk, IA	33	M	1:21:24.8	2	7	8
	Swim (0:05:48.2) T1 (0:00:35.6)	Bike (0:51:02.9) T2 (0:00:54.0)	Run (0:23:03.9)					
78	Keys, Randall	Unknown, IA	30	M	1:24:00.0	3	12	15
	Swim (0:06:32.0) T1 (0:00:42.8)	Bike (0:50:57.1) T2 (0:00:37.0)	Run (0:25:10.8)					
34	Korbel, Jason	Unkown, IA	33	M	1:24:00.0	4	13	16
	Swim (0:06:10.0) T1 (0:00:58.6)	Bike (0:51:51.6) T2 (0:00:38.4)	Run (0:24:21.3)					
94	Kelly, Frank	Mason City, IA	34	M	1:24:01.5	5	14	17
	Swim (0:07:08.7) T1 (0:01:32.5)	Bike (0:53:59.5) T2 (0:00:18.6)	Run (0:21:01.9)					
42	Lenning, Matt	Lamberton, MN	34	M	1:25:47.8	6	16	20
	Swim (0:06:36.1) T1 (0:01:28.6)	Bike (0:49:06.6) T2 (0:00:45.2)	Run (0:27:51.1)					
104	Brady, Ben	Prairie Village, KS	31	M	1:33:40.1	7	26	33
	Swim (0:07:49.5) T1 (0:02:26.4)	Bike (0:53:32.6) T2 (0:01:41.0)	Run (0:28:10.4)					

Age group M35-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
5	Estabrook, Jonathan	Ankeny, IA	38	M	1:05:50.4	--	1	1
	Swim (0:05:29.0) T1 (0:00:20.5)	Bike (0:39:48.6) T2 (0:00:30.5)	Run (0:19:41.6)					
22	Taiber, Nick	Cedar Falls, IA	36	M	1:17:37.2	1	4	5
	Swim (0:05:38.5) T1 (0:01:58.7)	Bike (0:45:10.0) T2 (0:00:55.3)	Run (0:23:54.4)					
100	Rumelhart, Brian	Ankeny, IA	39	M	1:23:39.9	2	11	13
	Swim (0:06:20.5) T1 (0:00:56.1)	Bike (0:49:18.5) T2 (0:00:48.6)	Run (0:26:16.0)					
17	McGinness, Jeff	Iowa City, IA	37	M	1:31:42.1	3	24	30
	Swim (0:06:35.7) T1 (0:00:32.4)	Bike (0:49:09.1) T2 (0:00:45.9)	Run (0:34:38.7)					
109	Kosanke, Scott	Eldora, IA	38	M	1:32:10.5	4	25	31
	Swim (0:08:12.1) T1 (0:01:58.9)	Bike (0:51:34.0) T2 (0:00:32.3)	Run (0:29:53.2)					
64	Popenhagen, Jeffrey	Robins, IA	38	M	1:44:07.1	5	35	59
	Swim (0:07:51.1) T1 (0:01:42.9)	Bike (1:01:52.4) T2 (0:00:34.0)	Run (0:32:06.4)					
48	Pitzenberger, Phil	Greene, IA	35	M	1:47:28.7	6	39	67
	Swim (0:07:41.4) T1 (0:02:29.8)	Bike (1:02:14.7) T2 (0:00:57.3)	Run (0:34:05.3)					

Age group M40-44

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
92	Nelson, Stacey	Waterloo, IA	43	M	1:21:48.2	1	8	9
	Swim (0:06:02.1) T1 (0:01:40.1)	Bike (0:46:31.5) T2 (0:00:30.2)	Run (0:27:04.0)					
106	Teske, Mike	Eldora, IA	41	M	1:22:05.8	2	9	10
	Swim (0:07:12.1) T1 (0:01:35.9)	Bike (0:46:55.3) T2 (0:01:32.5)	Run (0:24:49.8)					
15	Lilja, Kris	Prior Lake, MN	40	M	1:28:24.3	3	19	25
	Swim (0:05:19.3) T1 (0:01:26.0)	Bike (0:52:35.9) T2 (0:00:22.1)	Run (0:28:40.7)					
19	Murra, Steve	Cedar Falls, IA	44	M	1:42:42.8	4	34	55
	Swim (0:05:51.3) T1 (0:03:31.2)	Bike (1:04:13.9) T2 (0:01:22.3)	Run (0:27:44.0)					
97	Deppe, Justin	Jewell, IA	43	M	2:02:46.6	5	41	82
	Swim (0:09:34.1) T1 (0:02:53.3)	Bike (1:12:15.2) T2 (0:00:42.9)	Run (0:37:20.9)					

Age group M45-49

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
2	Rodriguez, Juan	Unknown, IA	45	M	1:49:29.2	1	40	73
	Swim (0:11:55.9) T1 (0:03:57.6)	Bike (0:59:49.0) T2 (0:01:21.3)	Run (0:32:25.3)					

Age group M50-54

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
61	Mayberry, Steven	Ames, IA	51	M	1:18:09.2	1	5	6
	Swim (0:06:55.9) T1 (0:01:22.5)	Bike (0:44:33.8) T2 (0:00:59.4)	Run (0:24:17.4)					
71	Zeschke, Peter	Cedar Falls, IA	51	M	1:44:38.6	2	37	61
	Swim (0:07:13.9) T1 (0:03:10.4)	Bike (0:57:12.9) T2 (0:00:28.1)	Run (0:36:33.2)					

Age group M55-59

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
108	Rotgers, Rod	Iowa Falls, IA	58	M	1:42:25.5	1	32	53
	Swim (0:10:54.1) T1 (0:01:34.0)	Bike (0:55:22.4) T2 (--)	Run (1:31:31.3)					
107	Kelsey, Chuck	DeWitt, IA	57	M	1:45:48.2	2	38	63
	Swim (0:07:52.6) T1 (0:01:22.9)	Bike (0:56:44.0) T2 (0:02:01.2)	Run (0:37:47.3)					

Age group M60-64

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
113	Staudt, Mike	Marboro, IA	64	M	1:29:16.3	1	22	28
	Swim (0:07:37.3) T1 (0:01:19.7)	Bike (0:48:34.7) T2 (0:01:21.6)	Run (0:30:22.8)					
32	Fields, Kenneth	Excelsior Spring, MO	63	M	1:33:46.7	2	27	34
	Swim (0:06:34.1) T1 (0:01:28.6)	Bike (0:50:31.4) T2 (0:00:45.5)	Run (0:34:27.0)					
67	Hopkins, Gerald	Van Horne, IA	61	M	1:42:36.3	3	33	54
	Swim (0:07:00.5) T1 (0:02:30.9)	Bike (0:56:51.4) T2 (0:01:31.1)	Run (0:34:42.1)					

Age group M70+

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
60	Nehring, Richard	Alden, IA	72	M	1:28:41.6	1	21	27
	Swim (0:07:00.6) T1 (0:01:07.8)	Bike (0:47:16.7) T2 (0:01:16.9)	Run (0:31:59.4)					

Relay All Relay

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
70	Patterson, Troy	Iowa Falls, IA	46	M	1:18:16.6	1	1	3
	Swim (0:07:36.7) T1 (0:00:20.8)	Bike (0:44:14.5) T2 (0:00:20.0)	Run (0:25:44.4)					
70	Stephenson, James	Iowa Falls, IA	41	M	1:18:16.6	1	1	3
	Swim (0:07:36.7) T1 (0:00:20.8)	Bike (0:44:14.5) T2 (0:00:20.0)	Run (0:25:44.4)					
70	Stephenson, Joel	Iowa Falls, IA	14	M	1:18:16.6	1	1	3
	Swim (0:07:36.7) T1 (0:00:20.8)	Bike (0:44:14.5) T2 (0:00:20.0)	Run (0:25:44.4)					
47	Berg, Thor	Iowa Falls, IA	39	M	1:21:46.6	2	2	6
	Swim (0:07:35.8) T1 (0:00:31.5)	Bike (0:49:33.2) T2 (0:00:19.8)	Run (0:23:46.2)					
47	Conway, Brian	Iowa Falls, IA	28	M	1:21:46.6	2	2	6
	Swim (0:07:35.8) T1 (0:00:31.5)	Bike (0:49:33.2) T2 (0:00:19.8)	Run (0:23:46.2)					
47	Knight, Dale	Iowa Falls, IA	54	M	1:21:46.6	2	2	6
	Swim (0:07:35.8) T1 (0:00:31.5)	Bike (0:49:33.2) T2 (0:00:19.8)	Run (0:23:46.2)					
45	Harms, Betsy	Unknown, IA	25	F	1:26:12.1	3	3	9
	Swim (0:06:50.2) T1 (0:00:35.6)	Bike (0:55:22.4) T2 (0:00:20.9)	Run (0:23:02.8)					
45	Schumacher, Abbey	Unknown, IA	17	F	1:26:12.1	3	3	9
	Swim (0:06:50.2) T1 (0:00:35.6)	Bike (0:55:22.4) T2 (0:00:20.9)	Run (0:23:02.8)					
45	Gast, Kendal	Unknown, IA	18	M	1:23:11.4	3	3	9
	Swim (0:06:50.2) T1 (0:00:35.6)	Bike (0:55:22.4) T2 (0:00:20.9)	Run (0:23:02.8)					
84	Wiarda, Anne	Ackley, IA	44	F	1:30:29.3	4	4	12
	Swim (0:08:01.7) T1 (0:00:23.5)	Bike (0:51:24.7) T2 (0:00:22.5)	Run (0:30:16.7)					
84	Hillmer, Holli	Eldora, IA	47	F	1:30:29.3	4	4	12
	Swim (0:08:01.7) T1 (0:00:23.5)	Bike (0:51:24.7) T2 (0:00:22.5)	Run (0:30:16.7)					
84	Barsness, Kathy	Iowa Falls, IA	58	F	1:30:29.3	4	4	12
	Swim (0:08:01.7) T1 (0:00:23.5)	Bike (0:51:24.7) T2 (0:00:22.5)	Run (0:30:16.7)					
37	McLeod, Tracy	Chicago, IL	43	F	1:31:10.2	6	6	17
	Swim (0:08:14.9) T1 (0:00:27.7)	Bike (0:48:46.7) T2 (0:00:25.6)	Run (0:33:15.1)					
37	Hornung, Kate	Iowa Falls, IA	47	F	1:31:10.2	6	6	17
	Swim (0:08:14.9) T1 (0:00:27.7)	Bike (0:48:46.7) T2 (0:00:25.6)	Run (0:33:15.1)					
37	McLeod, Aaron	Chicago, IA	40	M	1:31:10.2	6	6	17
	Swim (0:08:14.9) T1 (0:00:27.7)	Bike (0:48:46.7) T2 (0:00:25.6)	Run (0:33:15.1)					
40	Vanderpool, Dylan	Iowa Falls, IA	17	M	1:31:39.0	7	7	20
	Swim (0:06:57.9) T1 (0:00:22.8)	Bike (0:56:11.7) T2 (0:00:17.8)	Run (0:27:48.6)					
40	Bissell, Pat	Iowa Falls, IA	36	M	1:31:39.0	7	7	20
	Swim (0:06:57.9) T1 (0:00:22.8)	Bike (0:56:11.7) T2 (0:00:17.8)	Run (0:27:48.6)					
40	Bissell, Katrina	Iowa Falls, IA	39	F	1:31:39.0	7	7	20
	Swim (0:06:57.9) T1 (0:00:22.8)	Bike (0:56:11.7) T2 (0:00:17.8)	Run (0:27:48.6)					
50	Lane, Megan	Cedar Falls, IA	18	F	1:35:25.3	8	8	23
	Swim (0:09:54.6) T1 (0:00:21.4)	Bike (1:00:30.3) T2 (0:00:33.1)	Run (0:24:05.6)					
50	Sankey, Brynna	Cedar Falls, IA	18	F	1:35:25.3	8	8	23
	Swim (0:09:54.6) T1 (0:00:21.4)	Bike (1:00:30.3) T2 (0:00:33.1)	Run (0:24:05.6)					
50	Staudt, Alex	Cedar Falls, IA	18	M	1:35:25.3	8	8	23
	Swim (0:09:54.6) T1 (0:00:21.4)	Bike (1:00:30.3) T2 (0:00:33.1)	Run (0:24:05.6)					
81	Nehring, Brittani	Iowa Falls, IA	24	F	1:48:32.6	9	9	26
	Swim (0:08:53.4) T1 (0:00:23.6)	Bike (1:07:11.0) T2 (0:00:24.0)	Run (0:31:40.4)					
81	Nehring, Katie	Iowa Falls, IA	33	F	1:48:32.6	9	9	26
	Swim (0:08:53.4) T1 (0:00:23.6)	Bike (1:07:11.0) T2 (0:00:24.0)	Run (0:31:40.4)					
81	Lugo, Brenda	Iowa Falls, IA	32	F	1:48:32.6	9	9	26
	Swim (0:08:53.4) T1 (0:00:23.6)	Bike (1:07:11.0) T2 (0:00:24.0)	Run (0:31:40.4)					

Relay All Relay

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
86	Thier, Chad	Dubuque, IA	38	M	1:53:38.0	10	10	28
	Swim (0:08:40.1) T1 (0:00:35.9)	Bike (1:11:07.6) T2 (0:00:23.0)	Run (0:32:51.2)					
86	Thier, Stacey	Dubuque, IA	37	F	1:53:38.0	10	10	28
	Swim (0:08:40.1) T1 (0:00:35.9)	Bike (1:11:07.6) T2 (0:00:23.0)	Run (0:32:51.2)					
31	Husted, Meg	North Liberty, IA	27	F	1:57:08.6	11	11	31
	Swim (0:09:50.8) T1 (0:00:41.2)	Bike (1:12:22.9) T2 (0:00:41.6)	Run (0:33:31.9)					
31	Hurlburt, Ruth	North Liberty, IA	60	F	1:57:08.6	11	11	31
	Swim (0:09:50.8) T1 (0:00:41.2)	Bike (1:12:22.9) T2 (0:00:41.6)	Run (0:33:31.9)					
31	Husted, Russ	North Liberty, IA	62	M	1:57:08.6	11	11	31
	Swim (0:09:50.8) T1 (0:00:41.2)	Bike (1:12:22.9) T2 (0:00:41.6)	Run (0:33:31.9)					
105	McGonigal, Mike	Hubbard, IA	43	M	2:07:20.9	12	12	34
	Swim (0:11:13.5) T1 (0:00:39.8)	Bike (0:57:34.5) T2 (0:00:25.7)	Run (0:57:27.3)					
105	Jimenez, Mel	Gilbert, IA	35	F	2:07:20.9	12	12	34
	Swim (0:11:13.5) T1 (0:00:39.8)	Bike (0:57:34.5) T2 (0:00:25.7)	Run (0:57:27.3)					
105	Jimenez, Ellen	Marshalltown, IA	66	F	2:07:20.9	12	12	34
	Swim (0:11:13.5) T1 (0:00:39.8)	Bike (0:57:34.5) T2 (0:00:25.7)	Run (0:57:27.3)					
54	Schmitz, Vicki	Iowa Falls, IA	32	F	11:02:31.6	12	12	35
	Swim (0:09:41.0) T1 (0:00:19.4)	Bike (0:54:24.5) T2 (0:00:19.1)	Run (0:26:02.6)					
54	Caplan, Liberty	Iowa Falls, IA	33	F	1:30:46.8	12	12	35
	Swim (0:09:41.0) T1 (0:00:19.4)	Bike (0:54:24.5) T2 (0:00:19.1)	Run (0:26:02.6)					
54	Goodner, Cindy	Iowa Falls, IA	33	F	1:30:46.8	12	12	35
	Swim (0:09:41.0) T1 (0:00:19.4)	Bike (0:54:24.5) T2 (0:00:19.1)	Run (0:26:02.6)					